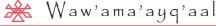
AUGUST



Volume 24

ssue 8

Wendy Thomas Trains for Seattle to Portland Bike Ride



WHAT DOES IT TAKE TO FINISH?

Lewiston, ID. - What does it take to train for anything in life, dedication, time or focus, maybe all of it? Whatever it is Wendy Thomas has it down packed and ready for a 75 mile bike ride from Seattle Washington to Portland Oregon!



Wendy Thomas started training in spin class last fall of 2017. Once spring

rolled around, she hit the road with her bike. She rode in the Lilac VICTORY OF THE RIDE Century in May a 66-mile ride. On July 14-15th, 2018, her most recent ride was from Seattle to Portland, which is about 205 miles. The 200 plus mile bicycle ride is the largest multi-day bicycle event in the Northwest, with up to 10,000 par-**Inside This Issue Breathe Easy** DOE/Bicycle Clinic 4/5 6/7 Big Hole/Meteor Good Vibe/Ewing 8/9 Veterans/Academy 10/11

ticipants riding from Seattle to Portland in one or two days. The route takes you through the scenic valleys, forests, and farmlands of western Washington and Oregon. Come ride what Bicycling Magazine has listed as one of the best cycling events in the nation!

"I am training for my first Olympic distance triathlon in August and a sprint triathlon in June. Lots of training going on," said Wendy Thomas.

Ta-Ma-We-Ta-Lote (Carrying the Law by Water), her birth name Wendy Thomas who is a Nez Perce Tribal Member and born of the Redhouse and Salt Clans of the Navajo Nation. She is the daughter of Judy Allen of Lapwai, Idaho; and Roger Thomas of Oakland, California. She is the granddaughter of Beatrice

McAtty Lawrence and the late Mathais

"I began training for STP last fall. I started doing the Cycling/Spinning classes at my gym 1-2 times a week with one Saturday session of a 2 hour spinning class. When it started getting closer to the springtime, I increased the Saturday class to a 3 hour spinning class. We estimate each hour of spin class is equivalent to 20 miles," said Thomas.

Weather permitting Wendy Thomas began to ride outside. She begin with "shorter" mileage, 20, 25, 27, 30 miles; and she remembered at that time, that was "a lot." Now, she talks about going for a ride, "Oh, we're 'just' going to do 65 today." She trained up to 75 miles for STP. An experience STP friend joined her bike rides and introduced her team to "bike etiquette" which really helped for STP, as it is important to know the signs and calls for different situations.

"I have only completed and participated in one other bike ride, Lilac Century on Sunday, May 20, 2018. I chose to complete the 66 mile route. At that point, in time, it was my longest ride and I had only trained up to 30+ miles. I was a little nervous about the ride. It was a very challenging course with several large hills to climb; and it was a rude awakening for me that I needed to work on hill climbing," explained Thomas.

The ultimate goal is to complete the CDA Half Iron Man 70.3 (Swim 1.2 mi, bike 56 mi, 13.1 mi run) next summer. Wendy Thomas has previously participated in sprint triathlons (swim .5 mi, bike 12.4 mi, run 3.1 mi) and completed half (13.1 mi) and full (26.2 mi) marathons. Triathlon as a sport brings all these sports together for an ultimate challenge. So improving in these sports separately will only improve her overall performance for the ultimate goal.

"My overall health is my motivation. I want to live a long, healthy life

with my children and future grandchildren, etc. I battle genes every day in particular diabetes. I previously had gestational diabetes and had fallen into the pre-diabetic category a few times. Overall, I love that I can physically challenge myself. I often think of my children when I work out, I think of my relatives and those who cannot do what I am doing due to diseases or aliments, etc. It makes me work harder and when I need that extra push, it helps. I figure if I am taking time away from my family to work out, I better go as hard as I can and make it worth it," said Thomas.

The road ized Dolce women's bike. women's bike. It is important that if you would like to purchase any type of bike to be fitted for it. It helps protect your body (i.e. knees, shoulders, arms, hands). Thomas was fortunate to purchase her bike from a former sprint triathlete who was the same height as her. Clip in pedals & shoes help with rides as well, especially



WENDY AND RAMONA RIDE STF

It is hard to prepare for weather as it can change at any time. Wendy Thomas has been caught in major rain showers, cold weather and then very hot weather. It helps to have seasonal bike apparel and always carry water bottles, food and electrolytes. She does not have an official team but she has training partners. Definitely try to do rides with another person versus going alone for safety reasons. She has a group of individuals from her gym that have all connected and they have exchanged numbers to train together.

"I do not have any sponsors at the time. It would be great to represent the Nimiipuu with a custom bike jersey in



bike The begining leg of the STP bike ride, the Thomas rides is a Special- ROAD BIKE THOMAS RIDES IS A SPECIALIZED DOLCE

these events, both biking and triathlons. I will be participating in the CDA Triathlon next month on August 11, 2018. I am completing my longest distance triathlon to date, swim .93 mi, bike 24.8 mi, and run 6.2 miles," said Thomas.

Day 1 - July 14th. 103 miles from Seattle to Centralia.

"I woke up at 3:45am to begin getting ready. Bikes needed to be loaded and we needed to head to the starting line at the University of Washington. Urgh, it was early and I was tired. I couldn't sleep. It was finally getting real that I was really going to do this. We get to the starting line and there are already bikers on the road and bikers everywhere! It was an exciting feeling to be there and it was real now! My friend Ramona Connors, from Tulsa, Oklahoma, and I would conquer STP together. STP had great support, big and mini rest stops with food and drinks. Nutrition is key - fueling and hydrating your body. We had a long hill that day, which was challenging but as I am still in training for the Olympic distance triathlon, I used this as an opportunity to work hard. I challenged myself to take every hill as hard as I could. The first day was fairly "easy" and weather was decent. We had fun, took pictures and met new people. When entering the midpoint line, I met my training partner/friend from Spokane, which was great. I suffered a blister on my right hand, other than that I felt great!"

Day 2 - July 15th. 102 miles from Centralia to Portland, OR, Lloyd Center.

It was hard to get up! I peeled my-Wendy Thomas Cont. On Page 9



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NEWS OF

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Ta'c Tito'oqan 17500 Nez Perce Rd. Lewiston, Idaho 83501

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Secretary Zinke Visits with American **Indian High School Students**



SECRETARY ZINKE, PDAS TAHSUDA, AND 10 HIGH SCHOOL STUDENTS IN THE INSPIRE PRE-COLLEGE PROGRAM

Students are attending George Washington University's INSPIRE Pre-College Program

WASHINGTON - Yesterday, U.S. Secretary of the Interior Ryan Zinke and Principal Deputy Secretary for Indian Affairs John Tahsuda met with a group of high school students from across Indian Country. The students are in Washington, D.C., with George Washington University's INSPIRE Pre-College Program, which is an abridged version of the school's Native American Political Leadership Program, a semester-long internship program for college and graduate students.

"It great to meet the generation of leaders for Indian Country and our nation as a whole," said Secretary Zinke. "These kids are the brightest of the bright. I

look forward to seeing one of them sitting at the Secretary's desk one day."

The students visited with the Secretary for about half an hour. They candidly asked questions about important issues relating to the Land Buy-Back <u>Program for Tribal Nations</u>, increasing access to higher education, and cutting red tape. One young man shared that he had family at the Fort Peck Reservation where Secretary Zinke is an adopted member, and that he had heard stories ofPrincipal Deputy Assistant Secretary for Indian Affairs John Tahsuda met in

a separate meeting with the INSPIRE students. He enjoyed their insightful questions and the open discussion.

"It is important for aspiring stu-

dents to find support when they pursue their interests. I am honored to take part in their education," said Tahsuda. "I am made hopeful for the future of public service, especially in Indian Affairs, when young minds take such an interest in the field as a career. Young higher education and $_{\mathsf{PRE-COLLEGE}}$ Students dedicated public ser-

The students in the program identified themselves as members of the following Tribes: Menominee Indian Tribe, The Navajo Nation, Confederated Tribes of Siletz Indians, Choctaw Nation of Oklahoma, Mississippi Band of Choctaw Indians, Hopi Tribe, Nez

vice in Indian Country inspires us all,"

Perce Tribe, Eastern Band of Cherokee, Seminole Nation, and Athabascan. Office of Public Affairs - Indian



Native leaders who Secretary Zinke from back home. embark on the path to Secretary Zinke answers questions from INSPIRE

Office of the Assistant Secretary - Indian Affairs U.S. Department of the Interior 1849 C St., N.W., MS-4004-MIB Washington, D.C. 20240 Main Phone: 202-208-3710 Press Line: 202-219-4152 As-ia opa@bia.gov

Publication Deadlines

The Ta'c Titoóqan will accept submissions for consideration by the **20**th of every month. If the **20**th falls on a weekend, submissions will be accepted the following Monday.

This includes: Letters-Birthday Ads -Reports-Stories-Photos-**Announcements-Notices-Obituaries**

Business Display Ads will be accepted passed the deadlines with the Editors discretion, full payment and signed Ad Contract.

Ta'c Tito'ogan News

Ta'c Tito'ogan is published on a monthly basis and serves the Nez Perce Tribal members, employees of the Nez Perce Tribe, and the community at large. Contents do not depict Tribal policies, nor do opinions contained herein represent those of Tribal officials or the newspaper staff. The Ta'c Tito'oqan is funded by the Nez Perce Tribal Enterprises. Its function is to provide information on Tribal, Government, Community and Youth news.

Submission: All readers are encouraged to submit material, stories, photos, and ideas for publication consideration. All submissions become the property of Ta'c Tito'ogan and must meet the standards for publication. All submissions are subject to editing for grammar, clarity, and length constraints. The editor reserves the right to reject any submission for publication consideration. Submissions may be made via email, on a diskette or CD, or on paper. Submissions must be made by the 20th of

Letters to the editor: Ta'c Tito'ogan welcomes signed letters to the editor of up to 250 words. No letters will be published that are libelous or in bad taste. Letters may be sent via email, fax or post. All letters are subject to condensation.

Classified ads: Submissions by phone, mail, or in person are acceptable. The newspaper staff is not responsible for misprinted information. No classified ad will be published that is libelous or in bad taste. Payment of 25 cents per word must be paid before publication of the ad. Lost & found announcements are run free of charge.

Display ad rates: Advertising rates are set at \$8.00 per column inch. Our ad specs are 2.25 inch width by one inch per one column inch. One free ad is offered for customers who place ads in twelve consecutive issues. A five percent discount is given for accounts paid in advance.

Subscriptions: Twelve month subscriptions are a vailable for \$18.00 The cost covers the delivery by mail.

Ta'c Tito'oqan * 17500 Nez Perce Rd. * Lewiston, ID, 83501

(208) 298 - 1122fax (208) 743-7121

Now free on line at crcasino.com Editor: Yvette Whitman -yvettew@nezperce.org or yvettew@crcasino.com

Printed: Lewiston Morning Tribune * Lewiston, ID

Job Announcement

Wild Connections Coordinator for Greater Hells Canyon Council, based in Northeast Oregon. Desired qualifications include: Traditional ecological knowledge; environmental land use policy and planning and/or environmental science; community organizing; collaborative engagement; communications or outreach. To apply www.hellscanyon.org/jobs

Tribal Employment Rights Office

The Nez Perce Tribal Employment Rights Office (TERO) is seeking Tribal members who are skilled in the following types of jobs: Laborers, Journeyman level carpenters, experienced sheetrock hangers and tapers, flaggers, concrete form work, Iron Workers to tie iron, concrete finishers, experienced heavy equipment operators, for upcoming projects.

Must have a current Skills Bank Application with TERO and be signing in at least once a week for the type of work you are seeking. Must list expe-

rience and previous job duties, have a valid driver's license and nearly all jobs require drug testing prior to employment. Must have a working contact phone number listed.

There will be opportunities for Certified Indian Businesses (CIB) who are approved by the Tribal Employment Rights Commission (TERC) for the Nez Perce Tribe and registered with the TERO office.

Please contact the TERO office at (208) 843-7363 or stop by the TERO office for more information.

Job Announcement

Job title: Fisheries Geneticist; starting salary: \$57098 - \$88974 (CRITFC equivalent to GS 11/12 with benefits); Dept: Fishery Science, Genetics; Classification: Full-time, regular, exempt; Location: Hagerman Fish Culture Experiment Station in Hagerman, ID; Recruiting dates: 7/16, 2018-8/31/2018; experience in population genomics, association mapping, mixed stock analysis. Minimum qualifications required: Ph.D. or M.S. (with 3 yrs. experience) in field of molecular biology, genetics, fishery biology, ecology and/or related discipline; must have demonstrated skills in research experience related to population/conservation genetics; in-depth knowledge and experience with current molecular genomics techniques (e.g., GTseq, Pool-seq, sequence capture, RAD-seq, RNA-seq); excellent understanding of population genetics theory; experience in statistical analyses, computer modeling, relevant software; proven ability to publish research in peer-reviewed publications; good writing and oral communication skills; inter-personal skills including ability to develop, guide, work within inter-disciplinary teams; strong skills with common computer software for word processing, spreadsheet, database, statistics use. For complete job description, essential job duties/functions, and qualification visit:

Application procedure: qualified individuals including women, veterans, minorities, individuals with disabilities are encouraged to apply. Hiring preference given to qualified enrolled members of federally recognized tribes, Alaskan Natives, especially CRITFC member tribes (Warm Springs, Yakama, Umatilla and Nez Perce). Incomplete applications not considered. Complete application materials: cover letter, CV/ resume, completed job application (available at http://www.critfc.org/blog/jobs/ fisheries-geneticist-4/ "employment opportunities," or call 503-238-0667), a copy of relevant certifications, at least three professional references. Submit to: Columbia River Inter-Tribal Fish Commission, Attn: Human Resources, 700 NE Multnomah St., Suite 1200, Portland, OR 97232, Email: hr@critfc.org , Fax: 503-235-4228.





Wilson Prairie Fire

Morrow County, Ore. - Today additional resources arrived to support fire suppression efforts on the Wilson Prairie Fire in Morrow County. Firelines around the fire were strengthened and efforts made to complete hand and dozer fireline around the fire adjacent to retardant drops. However, late today the fire moved outside the fireline and pushed into the Porter Creek drainage on the southern end of the fire. Evening downslope winds have continued to move the fire through the drainage to the southeast and across the ridge into the next drainage to the south. Very Large Air Tankers (VLATS), Single Engine Air Tankers (SEATs), and helicopters continued to drop water and retardant on the fire to slow the fire growth and allow firefighters and equipment on the ground to engage in the suppression efforts. These ground resources are working to strengthen fireline along existing roads as well as building fireline in locations favorable to stopping the fire spread.

The movement of the fire has prompted evacuation and closure of the U.S. Forest Service campground at Bull Prairie Lake. Fire crews are escorting campers outside the fire area to safety. The campground is approximately a half mile south of the current fire perimeter.

Fuel conditions within the fire perimeter vary significantly based on their location and fuel type. Unburned fuel remains within the fire perimeter. Interior flare-ups may occur if the fuels dry out due to weather or heat from the fire itself.

The fire is currently estimated at 700 acres. Firefighters will work into the night taking advantage of cooler temperatures and improved humidity, which reduce the fire behavior. Additional firefighting resources will arrive to engage tomorrow, working to build line around the southern perimeter of the fire.

The weather forecast for the region is a continued hot and dry trend with poor humidity recovery. Please follow restrictions to limit potential human wildfire ignitions.

Regulated Closure is in effect for ODF's Central Oregon District. Specific restrictions, intended to reduce human caused fires, can be found at www.ODFcentraloregon.com.

Phase A of the Public Use Restrictions (PURS) for the Umatilla National Forest is in effect. For more information regarding these and other restrictions on the Umatilla National Forest visit www. bmidc.org.

Contact: Christie Shaw, Oregon Department of Forestry

541-263-0661 Darcy Weseman, Umatilla National For-

541-278-3722

Breathe Easy: Our Respiratory Systems and the Environment

BY MEGAN KERSTEIN, AIR QUALITY AND EDUCATION INTERN

While backpacking around the Seven Devils Mountains this past weekend at nearly 8,000 feet high, I noticed as my breathing quickened and my

lung is slightly larger than the left lung because the heart is tilted slightly to the left, which means the left lung must be smaller to accommodate the heart. The respiratory and circulatory systems al-



LAPWAI STUDENTS SHOWING THE COLORS OF THE AIR QUALITY INDEX, RANGING FROM GREEN (GOOD AIR) TO PURPLE (VERY UNHEALTHY AIR).

lungs started to ache. Why was I having such a hard time breathing? At sea level air is composed of approximately 78% nitrogen and 21 % oxygen1. At higher elevation, there is still 21% oxygen in the air, but breathing becomes more difficult because the air is thinner. Thin air means there are fewer air molecules, so the total amount of oxygen is greatly decreased compared to sea level elevation. In order to compensate for less oxygen in the air, I started breathing faster and my heart started pumping faster to circulate oxygen in my body. Throughout the summer, I have visited summer schools, area libraries, and the Lapwai Boys and Girls Club where I have been presenting to the kids about air quality and the respiratory system. I thought of my own summer lesion plans while hiking some strenuous trails this past weekend in the Seven Devils.

The respiratory system is composed of the nose, mouth windpipe bronchial tubes that move air from the windpipe into the lungs. Air sacs within the lungs that exchange oxygen and carbon dioxide while breathing, as well as the diaphragm, which is a muscle that moves down when inhaling to create more room in the chest for the lungs to expand with air intake. While conducting outreach with kids this summer, we created our own respiratory system models using balloons to simulate lungs and the diaphragm. The respiratory system works closely with the circulatory system to remove carbon dioxide from tissue and pump oxygen-rich blood around the body. The position of the heart also has an effect on the size of the lungs. The right low us to do everything we enjoy – from fishing to swimming to playing sports.

Since the respiratory and circulatory systems are so important to us, keeping them healthy is a must. Air quality is critical to respiratory and circulatory health. Wildfire smoke, dust, car emissions, and factory emissions all can deteriorate air quality, so it is important to monitor these pollution sources and stay inside on days with bad air quality, so it is important to monitor these pollution sources and stay inside on days with bad air quality. These sources all create particulate matter, which are tiny particles suspended in the air that can be inhaled and get trapped in our lungs and circulatory systems, causing problems such as asthma, heart attacks, and lung dysfunction2. The Air Quality Index (AQI) is a good way to tell the current conditions of the air and can easily be accessed on the Idaho Smoke Blog at idsmoke.blogspot.com The Air Quality Program operates three air monitoring and weather stations year round Lapwai, Kamiah, and Reubens. From July through October, two additional monitoring sites are located in Orofino and Nezperce.

My respiratory and circulatory systems made my backpacking trip in the Seven Devils possible this weekend, even with less oxygen content in the air. Summers in Idaho are beautiful and should be enjoyed to the fullest degree. To stay happy and healthy it is important to take care of these systems by paying attention to air quality. https://www.eo.ucar.edu/basics/

<u>wx 1 b 1.html</u>

https://www.epa.gov/pm-pollution

Fire Danger is Very High

Weather data shows fire season is in full swing with no relief in the fore-

The atmosphere remains very dry, with relative humidity dropping to the lower teens and no rain in the forecast. This lack of humidity allows fires to grow very quickly.

Campfires and sweathouse fires should not be left unattended.

When working with machinery outdoors always keep a fire extinguisher or water supply nearby.

When traveling by vehicle or ATV never travel off road through tall grass or brush.

Homeowners are encouraged to keep an outdoor water source available, and remove burnable materials from within 30 feet of their homes.

Enjoy this beautiful summer weather and remember that fires can grow extremely fast in these weather conditions.

Hanford's Problem Child Burial Ground is Close to Natural Conclusion

By Rachel Fradette After years of risky cleanup at the 618-10 Burial Ground, a high-hazard waste site in the Hanford 300 area, only a few steps stand in the way of completion.

So, what's left for the complex site? DOE and EPA granted official approval to verify cleanup and reclassify the site — which changes the status of the area — in June, according to the Department of Energy.

This document will serve as final sign-off that all criteria and procedures at the burial ground and near waste sites has been approved, said DOE Spokesperson Mark Heeter in an email to the Herald.

After finalization, the Tri-Party Agreement, or TPA, for the 300 area action will be completed. The agreement is a cleanup plan with remedial provisions, which was signed in 1989.

The 618-10 Burial Ground served as a dumping ground for radioactive waste from 1954-63. Throughout cleanup, workers removed more than 2,000 55-gallon drums of radioactive waste buried at site.

After cleanup, the site will return to a natural area. Native plants will begin being added in September, part of a plan that should return the area to a closer version of its original contour, according to the Department of Energy.

"Cleaning up the 618-10 Burial Ground was a massive undertaking," said U.S. Sen. Maria Cantwell, D-Wash,

at a press conference in November. "The Energy Department's Richland Office has done an incredible job of decontaminating, demolishing, removing waste and remediating the river corridor."

A lot has happened in the past year across the 7.5-acre burial site.

Waste removal officially concluded in November with infrastructure coming down until March.

Refill of the massive trenches on the site was completed in March with trucks exiting the area, so the project moved forward to normalizing the landscape

The site reached the TPA milestone before the projected date of Sept.

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Hanford Update

Feds Say It Can't Wait. High-risk Radioactive Hanford **Tunnel Needs Filling Now** BY ANNETTE CARY

The Department of Energy wants to start stabilizing a Hanford tunnel filled with highly radioactive waste that is at risk of collapse without waiting for more public comments.

Work needs to start in a few weeks to finish before winter, the department

DOE has asked the Washington Department of Ecology, a Hanford nuclear reservation regulator, if it can proceed with filling the nearly 1,700-footlong storage tunnel with concrete-like grout in August.

DOE held a public comment period on the plan, but the state planned its own 45-day comment period and public meetings starting next month.

Ecology officials will review DOE's request made Thursday, but still plans to go on with its own public process, said spokesman Randy Bradbury.

The older of the two waste storage tunnels at the PUREX processing plant partially collapsed in May 2017, causing thousands of workers across the Hanford site to take cover.

The concern was that radioactive contamination could have spread from the open tunnel roof. No radioactive material is believed to have escaped but DOE is trying to prevent further collapses of the aging tunnels.

DOE wants to start filling the longer tunnel in August to get some, if not all, of the tunnel stabilized with grout before ice and snow make roads slippery this winter.

Dozens of daily truckloads will be needed to bring supplies to a batch plant near the tunnel to mix the grout. Trucks then will deliver the grout to spots along the length of the tunnel, where it will be

In addition, video shot of the inside of the tunnel in April raised concerns about the condition of the tunnel. The videos found corrosion of bolts and weld plates.

"While not an indication of imminent collapse, the fact that some components are stressed above design capacity and are also corroding is a concern,"

After the tunnel collapse last year, Hanford officials determined that the soil covering the tunnel had fallen in, covering the waste and preventing radioactive particles from becoming airborne.

Within six weeks, DOE injected

521 truckloads of grout into that tunnel to surround and cover the waste with emergency permission from the state.

The Department of Energy also conducted an analysis of the second waste storage tunnel, in part to meet conditions of a Washington Department of Ecology order. It found the tunnel was at high risk of a collapse.

The first tunnel, built of creosoted timber in 1956, holds eight rail cars loaded with obsolete equipment contaminated with waste from the chemical separation plutonium for the nation's nuclear weapons project from uranium fuel irradiated at Hanford reactors.

The second tunnel, built of steel in 1964, holds 28 rail cars loaded with highly contaminated equipment.

Some members of the public told DOE at public comment sessions that filling the tunnel with grout could make eventual permanent cleanup of the tunnel and its contents difficult or impossible.

DOE has said it has experience using grout to contain contamination until final cleanup actions are taken. A panel of experts also agreed that grouting was the best near-term option after looking at multiple methods of stabilization.

One option for eventual permanent disposition of the tunnel could be cutting up the grout within the tunnel with water jets, and wire saws for excavation equipment — both guided by a detailed excavation plan with specific locations for cuts, according to a DOE contractor assessment included in a proposed changes to a state permit required for the work.

Another final alternative that could be considered is leaving the grouted waste in place and building a barrier over the tunnel to prevent water from coming in and pushing waste into the soil underneath.

Ecology officials plan a public hearing on grouting the second tunnel at 5:30 p.m. Aug. 27 at the Richland Library. A meeting, yet to be scheduled, also will be held in Seattle.

DOE asked the state for an answer by July 23 on whether it can start putting grout in the tunnel in August.

Ecology says regulations require its director to approve or deny temporary authorization as quickly as practical, but there is no set timeline.

REPUBLISHED FROM TRI CITY HERALD, JULY 16, 2018, USED WITH PERMISSION.

When It Comes To Hanford's Toxic Pollution, A Fence Just Isn't Enough, Oregon Group Says

BY ANNETTE CARY

The Department of Energy is not being realistic about how Hanford may be used in the future as it makes decisions on cleanup of the Hanford nuclear reservation, says Oregon-based Columbia Riverkeeper.

"(The department's) vision for Hanford leaves dangerous waste in place for thousands of years, preventing people from fully using the land, river and groundwater at Hanford," said a new report by the organization dedicated to protecting Columbia River water quality.

"(DOE's) approach rests on a short-sighted analysis of how people may use Hanford in the future, and it fails to anticipate how people will come into contact with Hanford's pollution in hundreds or thousands of years."

Columbia Riverkeeper on Tuesday released, "Competing Visions for the Future of Hanford," a project that began as an effort to take a step back and look at how visions for final cleanup of Hanford conflict.

The 580-square-mile site in Eastern Washington has areas that are massively contaminated by radioactive and hazardous chemical materials from the past production of plutonium for the nation's nuclear weapons program.

Columbia Riverkeeper is recommending that Hanford's Comprehensive Land Use Plan be reopened and amended to address concerns raised by tribes and others.

The report became even more timely, said Dan Serres, Columbia Riverkeeper conservation director, as DOE began talking this spring about closing underground tanks.

The government is proposing that 530,000-gallon tanks that have been mostly, but not completely, emptied of radioactive and hazardous chemical waste be filled with concrete-like grout and left in the ground.

Not only would some of the waste

remain on the bottom of the tanks or clinging to its walls, but the plan would interfere with cleanup of contaminated soil beneath the tanks from waste leaks or spills, the report pointed out.

In places, DOE plans engineered caps that will prevent precipitation from driving waste deeper into the ground.

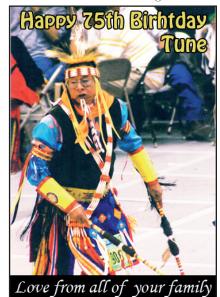
It also will rely on "institutional controls" such as fences, signs and land deed restrictions to prevent activities such as digging into contaminated areas and drilling wells where groundwater may remain contaminated.

"The report shows how, time and again, Energy defaults to building fences, signs and concrete caps instead of cleaning up dangerous pollution," Serres said.

DOE has a land use plan that is periodically updated that designates a limited amount of land to be cleaned up only to industrial standards and much of it to be cleaned up to conservation and preservation standards.

"By narrowing potential future uses, (DOE) uses the land use plan to justify leaving pollution in Hanford's soil and groundwater," the report said.

Northwest tribes that used Hanford land until the federal government



took it over during World War II for production of plutonium have treaty rights to continue to use the land.

A cleanup that is suitable for recreational use by people who only visit the area does not meet tribal needs, the report said. Tribes would like to again use

Hanford for hunting, fishing, gathering and sweat lodges, bringing them into close contact with soils, water, air, plants, wildlife and fish, the report said. Not only the tribes, but also the

states of Oregon and Washington state, dispute DOE's assumptions about how Hanford will be used in the future, the report said.

Both states have a strong preference for removing as much waste as possible from Hanford, the report

In response, DOE said in a statement Tuesday that it recognizes the tribes and others' interest in cleanup and future use at Hanford, and it considers their input valuable.

DOE and regulator "decisions take into account future uses of the site and other legitimate factors such as cost and feasibility," DOE said. "Our primary goal remains protecting the safety and health of the public and preserving the many natural and cultural resources on the Hanford Site."

The group said cleanup plans should comply with treaties and tribal access to Hanford sites not undergoing cleanup should be expanded.

"Energy should invest in active cleanup rather than reliance on longlived institutional controls that impinge on tribes' and the general public's potential future use of Hanford," the report

It could be more cost-effective and realistic that relying on the federal government to restrict access and use of large areas of Hanford for hundreds or even thousands of years, it said.

REPUBLISHED FROM TRI CITY HERALD, JULY 17, 2018. USED WITH PERMISSION.









August

Bicycle Clinic & Rodeo is always a Huge Success!



THE LAPWAI COMMUNITY ACTION TEAM AND VOLUNTEERS ing the first week fol-

Lapwai, ID. - The Lapwai Community Action Team (LCAT) Bicycle Clinic & Rodeo Planning Committee gears up for another successful year in bike safety for the Lapwai Valley.

Lapwai Elementary parking lot is a great space for setting up obstacle courses for the youth to earn their helmet and bicycle safety lessons. The



FAMILIES LINE UP TO HAVE THEIR BIKES REPARED planning committee saw the need to provide more shade and access to electricity for more comfort and expeditious repair. To accommodate these

needs, they moved the course. It proved to be very successful.

"The committee came up with a few changes we might make for next year with the most significant being the date. It has been proposed that we do this event during spring break or dur-

lowing the end of the school year. Anyone who would like to be involved with the planning for this wonderful event is welcome to do so. Please contact the City of Lapwai Clerk to get on the list of volunteers," explained Danielle Scott.

On July 11, 2018 from 9:00 a.m. to 3:00 p.m. with a one hour intermission to give the volunteers a break for

lunch and offer other activities to the participants in the form of a Painted Rock Hunt and a Pimp My Bike Con-

The committee listed 91 participants registered of all ages. They also had 25 volunteers with about 87 degrees to heat things up a bit. The dedi-

cated staff took their positions to get youth and families actively riding bicycles safely for better health. The planning committee began planning the

event in February 2018 with the original date of the event scheduled for April. However, due to circumstances beyond their control, they had to postpone the event until July 2018.

"All participants received water bottles, cooling clothes and tshirt bags at registration. cle repair, and courses,

participants received a t-shirt and their name was put into a drawing for one of the 12 bicycles that were given away,"

Palouse Bicycle Collective of Moscow Idaho is a non-profit organiza-

tion with a board of directors. The points of contact for organizing the event included Jen Jackson and Tami Goetz who worked on bikes along with additional people at the event. The fol-

SAFETY HELMETS lowing comes directly from their website:

The partners who made the event possible are Palouse Bicycle Collective, Nez Perce National Historical Park, Lapwai School District, Art Beat, Nimiipuu Health Diabetes Program, the Lapwai Community Coalition, Culligan, the Nez Perce Tribe, the City of Lapwai and the University



of Idaho Extension Program.

"We also collaborated with the Littlefoot Ellenwood Family to do a fundraiser for their Memorial Basket-



ball Tournament. They served Walking Tacos at this event for a \$5 donation with all proceeds going towards their event," stated Danielle Scott.

UMATILLA LAND BUY-BACK PROGRAM

ANNOUNCEMENT

Land Buy-Back Offers are in the Mail

Watch your mail, you may have received a Purchase Offer Package for your fractionated lands at Umatilla. The Offer Deadline is August 14, 2018.

If you would like assistance to make an informed decision you make reach: OST Umatilla Agency (541)278-3786 Trust Beneficiary Call Center (888) 678-6836 CTUIR Land Acquisition (541)429-7483



Thank You for your Participation in the Land Buy Back Program for Tribal Nation.

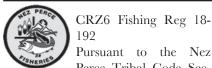
The recent sale of your fractional ownership interest(s) through the Program will help reduce fractionation of Indian lands, allowing for better utilization of the land for social, economic, or cultural purpose benefitting the Tribal Community.







NEZ PERCE TRIBE FISH AND WILDLIFE COMMISSION



CRZ6 Fishing Reg 18-

Perce Tribal Code Section 3-1-11, the Nez Perce Tribe Fish and Wildlife Commission has the authority to promulgate annual and seasonal hunting and fishing regulations and prescribe the manner and methods, which may be used in taking fish and wildlife. Pursuant to that authority, the Nez Perce Fish and Wildlife Commission adopted the following fishing regulation for the Nez Perce Tribe.

Nez Perce Tribe

Fishing Season Regulation #NPTF-WC 18-192

Columbia River Zone 6 Commercial Gillnet Fishery Opening

6AM, July 11 to 6PM, July 13 Area: All of Zone 6

Gear: Set and Drift Gillnets with no mesh size restriction

Allowable Sales: Salmon (any species), steelhead, shad, yellow perch, bas, walleye, catfish and carp may be sold or retained for subsistence. Fish landed during the open periods are allowed to be sold after the period concludes. Sturgeon may not be sold, but sturgeon from 38 to 54 inches fork length in the Bonneville Pool and sturgeon from 43 inches to 54 inches in fork length in The Dalles and John Day Pools may be kept for subsistence purposes.

River mouth and dam Sanctuaries: closed areas applicable to gillnet gear are in effect.

Zone 6 Platform and Hook and Line Fishery regulations remains unchanged per NPTFWC Regulation 18-156.

All Nez Perce fishing regulations and sections of the Nez Perce Tribal Code pertaining to this fishery remain in effect. Not complying with these regulations may be cause for civil or criminal penalties per the Nez Perce Tribal Code. For more information on fishing regulations, please contact Nancy McAllaster at the NPTFWC office at 208-843-9376.

If you have any fishing enforcement concerns or need information, day or night, please contact the Columbia River Inter-Tribal Fisheries Enforcement (CRITFE) office, 4270 Westcliff Drive, Hood River, Oregon.

AVOID OVERLOADING YOUR BOATS AND CHECK NETS REG-ULARLY AND BE MINDFUL OF PERIODIC WIND AND WEATHER ADVISORIES.

PLEASE WEAR YOUR LIFE JACK-ETS FOR SAFETY.

BIG HOLE NATIONAL BATTLEFIELD SUMMER SPEAKER SERIES 2018

August 4-5th continues the summer speaker series at Big Hole National Battlefield. This weekend the Battlefield will feature Dr. Robert Brown. Dr. Brown was the former Executive Director of the Historical Museum at Fort Missoula. He will perform a first person historical account of Major Rawn during his time at Fort Missoula during the 1800's. Audience members will be able to turn their clocks back to 1884 as Major Rawn reminisces about his upbringing in Pennsylvania, the Civil War, the frontier army, how he founded Fort Missoula, and his involvement in the Conflict of 1877. This will include his participation at Fort Fizzle and at the Big Hole Battle.

Dr. Brown is also the author of a book titled. "Captain Charles Rawn and the Frontier Infantry in Montana". He will have copies available for purchase and will be signing copies following his presentations.

Scheduled talks will take place at the Big Hole National Battlefield Visitor Center Saturday, August 4th - Noon and 3 p.m.

Sunday, August 5th - Noon and 3 p.m.

Big Hole National Battlefield is located 10 miles west of Wisdom, MT, on Highway 43 and 17miles east of Highway 93 at the Montana/Idaho border.

Big Hole National Battlefield commemorates the tragic events of the Nez Perce War of 1877, when groups of Nez Perce families were attacked by 7th U.S. Infantry forces. On August 9 & 10, 1877 between 60 – 90 Nez Perce men, women and children and 31 soldiers and civilian volunteers lost their lives in one of the bloodiest conflicts in the history of the American West.

For more information, contact: Leslie Lula - 406 689-3155

Saturday, August 11-12th continues the summer speaker series. This weekend the Battlefield is honored to feature Michael Penney along with Nez Perce Nation Drum. Michael is an enrolled Nez Perce tribal member and also a member of Nez Perce Nation Drum. His presentation will focus on particular songs that are valued among the Nez Perce culture.

The drum beat in many cultures is likened to a human heartbeat. Just as the heart is the lifeline of the body, in many cases the drum is the lifeline of the songs. The Nez Perce drum is an important part of their ceremonies and is often considered a sacred object. Drum music often accompanies specific songs whether they are prayers, dances, or celebrations. Please bring your families and take advantage of this wonderful opportunity. Admission is free.

A presentation will take place at Big Hole National Battlefield Visitor Center, Saturday, August 11th following the Commemorative events at 2:30 pm and a campfire program will be given at the U.S. Forest Service May Creek Campground on Saturday the 11th at 7 p.m. The campground is located 7 miles west of Big Hole National Battlefield on Highway 43. Another presentation will be on Sunday, August 12th at noon at the Visitor Center.

Directions to Big Hole National Battlefield:

From Wisdom, MT, take State Highway 43 west for 10 miles.

From Lost Trail Pass on US Highway 93, take State Highway 43 east for 17 miles.

Big Hole National Battlefield commemorates the tragic events of the Nez Perce War of 1877, when groups of Nez Perce families were attacked by 7th U.S. Infantry forces. On August 9 & 10, 1877 between 75 – 90 Nez Perce men, women and children and 31 soldiers/volunteers lost their lives in one of the bloodiest conflicts in the history of the American West.

Lookingglass Royalty Applications being accepted for the 2018-2019 Powwow.

Girls ages 13-18 or close to. Please call Tana Wheeler-Nunez (208) 305-0475 for application

a rich cultural legacy for our futur 2018 YOUTH

Who Should Attend:

- High school aged youth
- 9th 12th grade
- do not have to be enrolled w/tribe



What You'll Gain:

- New friends
- Healthy life skills
- Cultural knowledge
- Live in balance
- Know the signs of unhealthy relationships

What to Expect:

Lewis-Clark Resort

Location:

4243 US-12

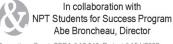
Kamiah, Idaho

- To have fun
- Try new things
- Outdoor activities Win prizes
- Teambuilding

REGISTER W/ TERESA LEIGHTON EMAIL: TERESAH@NEZPERCE.ORG CALL: 208-790-9205 PLEASE REGISTER BY 8-6-2018



Nez Perce Tribe I Vision Program Ryan Oatman, Coordinator





141st Commemoration Set for August 11, 2018

The 141st Commemoration of the Big Hole Battle will take place Saturday, August 11, 2018. Nez Perce Veterans and Tribal Elders will remember and honor all who have fought and died on the Battlefield through a pipe ceremony and drum circle, (NO PHOTOS please during this ceremony), and pay tribute to those who survived. Everyone is welcome. Admission is free.

Commemorative activities will begin at approximately 10:00 a.m. near the Nez Perce Camp. Bring water, sunscreen, and a folding chair or blanket. The Nez Perce Camp is a 3/4 mile walk from the lower parking lot. Following the commemoration ceremonies at 2:30 pm. Michael Penney and Nez Perce Nation Drum will perform drum and song.

The visitor center contains museum exhibits, a film, and book sales area. The park film, Weet'uciklitukt: There is No Turning Back, provides an introduction to the Nez Perce War of 1877 and the tragedy that took place here. It will be shown throughout the day. The Battlefield Visitor Center will be open 9:00 a.m.

The Battle of the Big Hole was fought on August 9 and 10, 1877, when Nez Perce families, along with their Palouse and Cayuse allies, were attacked by the U.S. Seventh Infantry and civilian volunteers. Approximately sixty to ninety Nez



Perce men, women, and children lost their lives, as well as 31 soldiers and volunteers.

Big Hole National Battlefield is located 10 miles west of Wisdom, MT, on Highway 43 and 17miles east of Highway 93 at the Montana/Idaho border.







Nez Perce National Historical Park Will Host Programs and Viewing of the Perseid Meteor Shower



Spalding, ID: Join park rangers and local astronomy buffs for an evening of stargazing and interpretive programs at the Nez Perce National Historical Park. The festivities celebrate our exceptionally clear night skies and center on the Perseid Meteor Shower, an annual celestial event where it is possible to see shooting stars without the aid of a telescope or binoculars. The program is at the Spalding Visitor Center on Saturday, August 11, 2018 from 7:00 pm to 11:00 pm and is free.

On hand are Mr. David Eberle, a NASA Solar System Ambassador and local elementary teacher as well as Park Ranger Kate Kunkel-Patterson. Together they will provide interpretive programs on meteorites and the importance of stars in Nez Perce culture. The free program will begin at 7:00 pm and is followed by the meteor shower, which will become visible after sunset. The park will offer a special "Night Sky" Junior Ranger activity for kids – so bring

your lawn chairs, blankets, family and telescopes or binoculars (if you have them) and get ready to enjoy a spectacular heavenly performance.

The Perseid Meteor shower occurs annually when the Earth passes through the trailing dust of an orbiting comet. That trailing comet dust creates small fragments of material that enter our earth's atmosphere and appear as streaks of light – commonly called shooting stars. August 11 is at the peak of

the meteor shower and if the skies are clear, promises to be an exciting opportunity to view the heavens.

The visitor center is located 12 miles east of Lewiston at 39063 U.S. Highway 95. Admission is free and visitor center hours are from 9:00 a.m. to 5:00 p.m. throughout the summer. For more information about the park and upcoming events, please contact Nez Perce National Historical Park at 208-843-7009, visit www.facebook.com/DiscoverNezPerceNationalHistorcal-Park or www.nps.gov/nepe.

More than 20,000 National Park Service employees care for America's 417 national parks and work with communities across the nation to help preserve local history and create close-to-home recreational opportunities. Visit us on Facebook www.facebook.com/nationalparkservice, and YouTube www.nps.gov. www.nps.gov.

"DANCE FOR LIFE" OCTOBER 19-21, 2018 HOST DRUM MASTERS OF CEREMONIES Bullhorn Ruben Little Head / Caseymac Wallakee ARENA DIRECTOR HEAD MAN Sam Slickpoo HEAD WOMAN Toska Goodwill Justus Cree DRUM CONTEST - \$15,000 in prizes First 10 registered non contest drums paid COMMETTEESPECTAL 17 and under Team Dance (Boys and Girls Categories) HEAD MAN SPECIAL Men's Traditional/Round Bustle Special In Memory of Owen Slickpoo **HEAD WOMAN SPECIAL** "Sweetheart Kahomni" (2 Step) GOLDEN AGE, ADULT, TEEN, AND JUNIOR CONTESTS TINY TOTS PAID PER SESSION ScenicIDAHO CLEARWATER RIVER CASINO & LEWISTON, IDAHO Vendor Info: Junaluska - (208) 746-0723 x5753 . Deadline 30 days before event Clearwater River Casino & Lodge owned and operated by The Nez Perce Tribe

Initial 40-hour HAZWOPER Training



Lewiston, ID. – The four day Initial 40-hour Hazardous Waste Operations and Emergency Response (HAZWOPER) training opened opportunities for eleven students who completed the training.

Nicole Schuh, Operations Manager of Spring Environmental overseen and Beth Fifield Hodgson, President/Principal Engineer, Spring Environmental taught the training.

Judy Goodson, Water Resources GIS Specialist and HERT Member was the contact person to have the training held at the Clearwater River Casino Mivooxat room.

This particular training will take 40 hours of initial training, 24 hours of on the job training and 8 hours of refresher training annually.

The training is required for individuals working at federal, state and tribal hazardous materials clean-up sites; at hazardous waste treatment, storage and disposal facilities; and on hazardous materials emergency response teams.

Eleven students completed the training and were awarded training certificates and HAZWOPER cards.

Join Us for A Sunday Matinee!

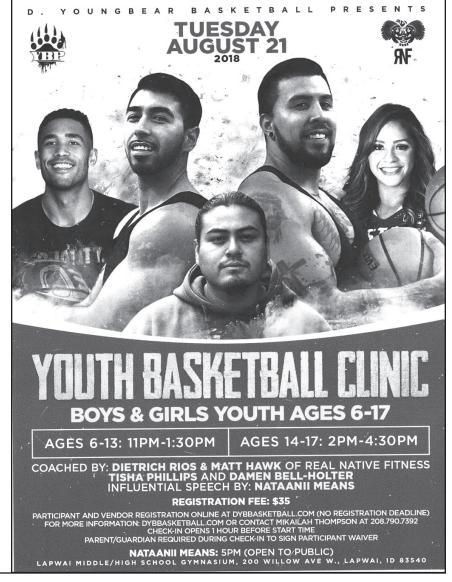
Looking for something to do this summer? Nez Perce National Historical Park would like to invite you to come to the Spalding visitor center this August for some avian inspired cinema!

We are showing **March of the Penguins** on Sunday, August 5th at 2:00pm and **Fly Away Home** on Sunday, August 19th at 2:00 pm on the big screen in our visitor center auditorium. Admission is free!

It is 2018 that marks the centennial anniversary of the Migratory Bird Treaty Act. To commemorate and honor the protection of birds in North America, the National Geographic Society, Audubon Society and other prominent birding groups have identified 2018 as the "Year of the Bird". Nez Perce National Historical Park will celebrate this act

and the importance of birds throughout the year. The park will host a series of special events, exhibits, and guest speakers with opportunities to learn more about the birds in our area and how they are important to the Nez Perce people. The Spalding visitor center is 12 miles east of Lewiston at 39063 U.S. Highway 95. The visitor center is open daily. Winter hours are from 8:30 a.m. to 4:00 p.m. Summer hours begin Memorial Day and run until the day before Labor Day from 8:00 a.m. to 5:00 p.m. This is an admission free park.

For more information, please contact Nez Perce National Historical Park at 208-843-7009, or visit www.nps.gov/nepe or www.facebook.com/DiscoverNezPerceNationalHistorcalPark www.nps.gov









It is nothing but "Good Vibes" for Lapwai Day's 2018



LAPWAI DAY'S MINI FRIENDSHIP POW WOW AND FRIENDSHIP DANCE

Lapwai, ID. - The sun kicked up during the Lapwai Days "Good Vibes" weekend, with good weather, great food and good fun, as community members came out to enjoy the color-

TRADITIONAL

ful event. Music by Reggae Bands: Naughty Voice of Reason, and Innastate set the stage for a real easy Jamaican atmosphere.

On July 2018, Lap-City Hall volunteers and

pulled out all stops to cover all bases and make sure the long awaited Lapwai Days event ran smoothly. Friday's



honor song started off the Mini Friendship Pow Wow in Lapwai City Park as Veterans carried in the flags. Larry Greene emceed the evening event as grand entry opened the floor to various dance styles. Traditional dancers, fast and fancy, jingle and grass dancers presented guests with a colorful display of traditional regalia.

Evening games such as Sweep the Tipi and Musical Chair/Scavenger Hunt kept the kids active and commu-



VOICE OF REASON MEETS THE

nity involved in helping to cheer on the participants. A Big Foot call won by the smallest member of the competitors and a War Cry sounded true to form. Hawaiian dance shared from Moana's youth group in closing for Friday

ers around 7:00 A.M. to begin their

community yard sale and food sales, a jumping castle and obstacle course blow up kept the kids happy for most of the day. The day played out a 3 on 3 Rock da Block basketball, horseshoe, Clash of the Clans family volleyball and stick game tournament with a variety show, cultural art contest, face painting, laending the evening.



Marshal for the Saturday parade, Agnes Weaskus. Citizenship Awards were granted to kids for doing good deeds by keeping the grounds clean or helping where needed, they received a Hawaiian Lei from the Mayor Ruth McCocommunity.

Vendors China Lily and DJ's Espresso served up great food and goodies to meet the hunger of the active

Parade winners:

Business Smith Family Chief Joseph Foun-Cultural dation Indian Royalty Court Tess Woodgrove Classic Car Family PK's Place Rez Car Brandon Blackwell Bicycle Michael, Jaysee, and Lakollakin Harris

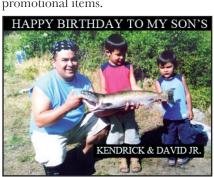
Michelle Cootes Local Sponsors are Lapwai Community Coalition, Valley Foods and the Nez Perce Tribe

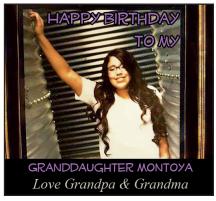
John Seven Wilson is Child Support Enforcement

Program Logo Contest



Child Support Enforcement Program had a logo contest that ended June 30, 2018 we received 7 entries. We set it out for a community vote and the winner was John Seven Wilson, he received a one night stay at the Clearwater River Casino Hotel (donated by $\ensuremath{\text{CRC}})$ and a laptop tablet (donated by CSEP). The logo will be used for our letterhead, envelopes, flyers, and all promotional items.





night's entertainment. Saturday morning woke up vend-

Lapwai Days

- Potlatch Days
- NAIA World Series
- Events at the Lewiston Roundup grounds

GRAND MARSHAL AGNES WEASKUS

INNASTATE PERFORM IN THE WARM

Sunday closed the three day event

leaving good vibes with a 2-man scram-

At present we are doing around 30-32 days of events each summer

And so, we would like to do more around the Lapwai area valley, since a lot of the people have grown up (this we have been told numerous times- with the China Inn food), we want to continue the tradition only now as "China Lily" continuing to serve great food in the valley. If there are any suggestions of events, or what Lapwai valley area would like of "China Lily", PLEASE contact us and let us know. Lily thoroughly enjoys the Lapwai valley and more importantly, she enjoys the area people.

China Lily is working with the City of Lapwai and will be setting up in the Lapwai City Park.

Scheduled Hours: 11:00 till Done! August 11, 2018

September 22, 2018 October 6, 2018

October 20, 2018 at the Clearwater River Casino Pow Wow!

Not sure yet, maybe once a month or if there is an interest twice a month "China Lily" contact information is for now Ralph at 509-290-0773(cell) or rwalter306@gmail.com

China Lily Asian Cuisine is Catering to the Lapwai Valley



RALPH AND LILY BRING CHINESE TO LAPWAI

Chinese food catering mobile trailer

Lapwai, ID. - Lily "Jingli Liang" Walter and Ralph Walter are the owners of China Lily Asian Cuisine Catering Chinese food catering mobile trailer. The original owner was Tony and Wanda Ng of the China Inn restaurant served for 25-30 years in the Lewiston Lapwai valley. Tony would always set up a few day early for the Lapwai event with his "The China Inn" mobile trailer. Always picking the best spot to serve his Asian Cuisine.

"Lily worked in the restaurant during her training by Wanda sharing her special recipes, which she passed down to her. China Inn was a family restaurant operated for years by Tony and Wanda. Tony's brother Eddy Ng owns "Eddy's Chinese" in Colfax, Washington, and Eddy helped Tony to get started many years ago in Lewiston, from the initial building of "China Inn" throughout the years to its closure. Lily is a god-sister of Eddy, which she automatically became the same to Tony and a part of the Ng family. Tony and Wanda were retiring and selling "The China Inn", they spoke with Eddy about the mobile trailer, and Lily was ap-

proached about taking over the catering mobile food trailer to continue selling in the valley," said Ralph Walter.

The trailer then painted yellow and the name changed to "China Lily" "Asian Cuisine Catering" with the graphics of the Great Wall winding on the outside gave it a new look.

Lily "China Lily" just loves serving all the people in the Lapwai area, presently China Lily serves:

- Play in your Moccasins basketball tournament
- Clearwater River Casino POW WOW
- Lapwai POW WOW
- Culdesac Shebang Days







August

Bonnie Ewing Receives Her 26th Year Chief **Joseph Foundation Award**



Lewiston, ID. - Bonnie Ewing, known as "Granny" by the youth, sees herself as an old Nez Perce woman, someone who is interested in kids, horses and loves their connection. One of the reasons why she began working with and is an Eskapo, North Fork Presbyterian Church.

The Chief Joseph Trail Ride, hosted by the Appaloosa Horse Club began 26 years ago for Bonnie Ewing. The ride started by an appaloosa breeder from New Mexico, Bob Browning, who donated 13 mares to the Nez Perce people. A few elders who rode horses came together, and formed the CJF. Bob Browning's only request is to name the non-profit organization after Chief Joseph. He donated because he attended the Chief Joseph Trail Ride (CJTR) when there were zero Nez Perce people on the CJTR. He questioned why there was no riders from the tribe. The following years, he donated the mares, visited Lapwai and expressed his wish that the horses were to be used as a way to get the Nez Perce people represented on the CITR. He met with George Hatley and through their collaboration, started the recruitment for Nez Perce riders. The first year, CJF Board member Norm Wasson and Allen Pinkham's wife, Lucinda Pinkham became the Nez Perce to attend the ride.

The first location of the ride was Tolo Lake, Idaho in 1991 for the first part of the ride. Ewing started with two youth, but since then, it varied from four to six youth each year. She began to take kids, because her first year she rode alone, and it was emotional ride. She thought youth needed to experience it and that it was not just for adults.

know their history and feel that connec-

The second year it was for the young, to

"I was invited the following year when it started at Tolo Lake and have

Nimiipuu Protecting the

Save Our Wild Salmon

Environment

Honor the Earth

been going ever since. This year is my 27th year. Last year on our ride from Joseph, OR to Dug Bar, OR, I received my 26th very proud of the fact that I am the first Nez Perce to go two complete rounds of the CJTR. I received my 13 year award



CEREMONY HELD AT DOUG BAR OF 2018 WITH RIDERS FROM THE CHIEF

year award in honor of going on the ride two complete rounds," said Bonnie Ew-

The Chief Joseph Foundation nominated Ewing as Treasurer she contacted many important people throughout the years to help with contributions for the CJF. She promoted the foundation in a positive way over the years. Richard Greer's invited her to his home in New York, NY. Richard Greer and Tom Redmond, rancher from Colorado, donated a truck and trailer, both made huge financial contributions to the Foundation over the years.

"I am the first Nez Perce, man or woman to earn a 26 year awards. I am with Ida Ann Wheeler," explained Ew-

Billy, Bonnie Ewing's husband was her biggest supporter over the years. He would always remind the kids would need her when she felt exhausted. He had the same dream as Bonnie Ewing, to see the kids riding and the dream of the CJF building an indoor arena.

"My family helps me the most get ready for the ride. My son, Bob Samuels helps the most and I could never thank him enough for his time and contribution to the CJF and helping us get ready for the CJTR. He and his wife, Cheryl have come on the ride several times to stay a

__Ewing Cont. On Page11

Wendy Thomas Trains for Seattle to Portland Bike Ride

Thomas Cont. From Page 1

self up about 4:15AM. We needed to eat

and begin hydration. We anticipated the hot day and hoped that we would beat the superhot heat. The day started out chilly and within the first 10 miles, we almost went the wrong way twice. We were still trying to wake up. Also within the first 10 miles was another large hill. I was thinking, "hey, wait a minute, there's only supposed to be mile 45 hill, what is this?" I was BIKE JERSEY HONORS GRANDMA and scenery is different

told that the course was fairly flat boy from a bike. Beautiful scenery. I never was I misinformed. The second day was mostly hills – all day! The weather went

from a little chilly to extremely hot, very quickly. The last 29 miles were tough; the heat got up to 99 degrees. I could feel the heat from the cars passing by and the heat coming up from the ground. It was scorching. We took every opportunity to fill up our water bottles and soak our cooling towels. We even

and drenched our-

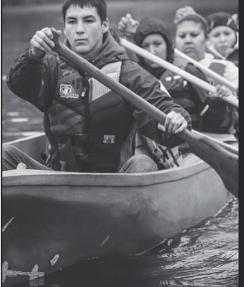
all mentally challenging to continue the ride; but as I told my friend Ramona,

> "We are not quitters; it's engraved in our DNA." We did not quit!

I trained. I spent tons of hours on my bike both alone and with friends. I surpassed nights of fun & hanging out to prioritize my training; and it paid off. I felt that I finished strong, my body, my legs were fine. I love bike riding. Viewing the land

would've thought I'd become a "bike geek" as I call it, but I have and I love it.

Lastly, friend Ramona gifted me with bike jersey that said, "From the Nez Rez - Riding for my gram" (Bea McAtty Lawrence). It also has the Buder Bear (Washington University in St. Louis alumni (WASHU) Kathryn M. Buder Scholar). I felt good about representing my family (especially my grandmother



YOUTH AND MEMBERS DONA HENRY

the Chief Joseph Foundation (CJF) 27

years ago. Her grandparents were James

Miller and Jane Corbett Miller. She was raised by her Aunt Edna Howard, Gran-

ny Lucy Viles, and Grandpa, Levi Viles

AND KAROL RICH

Joining as a special guest of Nimiipuu Protecting the Environment:

The founder of Honor the Earth Winona, is a leading indigenous rights activist from the Ojibwa Nation in Minnesota. She has spent her life rebuilding indigenous communities and fighting against pipelines and other dirty energy projects for more than 30 years.





selves. We saw many people overheating who is a fighter), my tribe, my graduate school and the WASHU Indian center. and being put into ambulances. This was







Veterans Town Hall "Bringing VA Benefits Home" Event



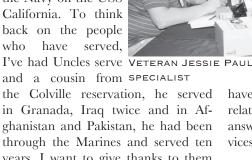
VETERAN'S MOBILE SERVICE

Lewiston, ID. - Mary Taylor of the Veterans Program for the Nez Perce Tribe and Terry Bentley of the Veteran Office of Tribal Government Relations joined together to hold the "Bringing VA Benefits Home Event" to the Clearwater River Casino Event Center.

Shannon Wheeler, Chairman of the Nez Perce Tribal Executive Committee was honored to open the two day event welcoming local Veterans.

"My name is Shannon Wheeler I serve as the Chairman of the Nez Perce Tribe. We are honored to ex-

tend our hand by the opening song and the words shared by Al. I want to express my selves to the Veterans. My father served in the Navy in the Korean War. My brother served war in the Navy on the USS California. To think back on the people have served,



in Granada, Iraq twice and in Afghanistan and Pakistan, he had been through the Marines and served ten years. I want to give thanks to them and you for your service and welcome you to Nez Perce country. We hope your stay is as comfortable and that you enjoy yourself here. We are working on to accomplish your needs are reached and going forward that the

Veterans are seeking. Veterans are looking at different billings programs and building stronger support toward you serving them. Thank you and welcome to Nez Perce country, Qeci yew yew (Thank you)," said Shannon Wheeler, Chairman.

Veterans were welcomed on June 12-13, 2018 for the two-day session to understand all their benefits to meet their

needs. Terry Bentley is the Granddaughter of a WWII and Vietnam Veteran. She has a number of Uncles who have served in the military. She has a member who has served for 32 years and has ended his military duty in June. The program is hands on in helping families and Veterans with technical and expertise from the regional office and the state office affair from the benefits assistance and health care administration.

"We have our local medical unit out front that can do exams today. We

I've had Uncles serve Veteran Jessie Paul connects with Benefit

have expert from Ideology for hearing related questions, they will be able to answer questions for benefits and services," said Terry Bentley.

Bottom line at the end of the day the Veterans Town Hall is hoping to have all participants connected to the services or to have them on a path to receive connection to their benefits. The Campaign is very serious about servicing rural and inner communities reach-

out how you can help, please

Joni Williams 208-790-1064

contact:

ing out to Veterans residing in Indian Country.

"Veterans will sign up and if they become eligible for services we would refer them. They can come to the bus and the Doctor can refer them. A Veteran went to the bus and needed service for hearing aids and we referred him to Spokane for services. Now he will receive his hearing aids. He will also receive his glasses, instead of waiting for the clinic for approval, he's a Veteran and he's entitled to receive services," said Mary Taylor.

Representatives were on site to discuss claims, to help Veterans file for their benefit and to answer any ques-

Ceremony honors returning

Wallowa Lake land to Nez Perce

BY KRISTEN CALDWELL

Oregon-Idaho Conference of The United Methodist Church

With one small rock, a monumental moment was honored at the Oregon-Idaho Annual Conference gathering, when it was noted 1.5 acres of land at Wallowa Lake Camp will soon be returned to its rightful owners - the Nez Perce Tribe.

During a ceremony on Friday a rock from Wallowa Lake Camp was symbolically passed to representatives from the Nez Perce Tribe to honor and represent the vote taken on Thursday to return a par-

cel of land, river bottom land detached

from the camp, that is ideal Sockeye

Salmon spawning habitat. "This sacred act was encouraged by the work done at the 2012 General Conference through the Act of Repentance with Native peoples," said Camping and Retreat Ministries Executive Director Todd Bartlett. "This is also in line with two previous actions of the Oregon-Idaho annual conference:

The rock offered to the Nez Perce representatives on Friday will be returned to the land when the Conference and the Tribe formalize this transfer and return of the land at Wallowa Lake on Aug. 1.

1986 and 2007 when we returned land

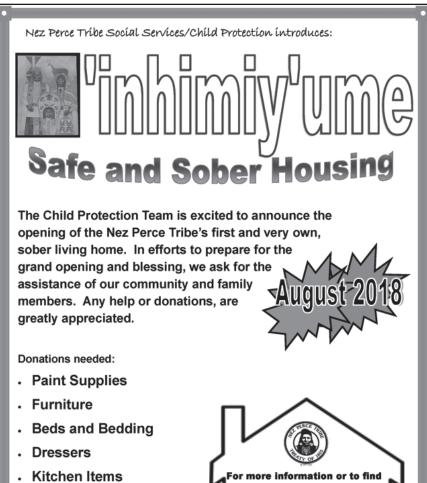
to the Klamath tribes."

"We have one spirit and I felt it when we came here," said Elizabeth Arthur-Attao, treasurer of the Nez Perce Tribal Executive Committee. "Our Lord is here and so are our ancestors. They are smiling down on us today."



Bartlett said Oregon-Idaho United Methodists' relationship with the Nimi'ipuu (Nez Perce) homeland began in 1922 with the first event at Wallowa Lake followed by the purchase of the property in 1923.

As the years have passed the Conference's relationship with the Nez Perce has evolved as it was fostered by persons who served as pastors in the Joseph, Elgin and Enterprise UMCs, as well as staff at the Wallowa Lake Camp. The Nez Perce Tribe based in Lapwai, Idaho, has held two culture camps each summer for elementary and high school aged children since 2000. This annual interaction has gifted both the tribe and ourselves with learning and understanding. Because of this the relationship has deepened and, in the summer of 2016, a meaningful step was taken when the Nez Perce flag began being flown alongside the US flag at camp.







Bathroom Supplies

· Household Items





Bonnie Ewing Receives Her 26th Year **Chief Joseph Foundation Award**

Ewing Cont. From Page 9

night. He is always willing to go out of his way to be there to support the kids and me

on the ride. Sometimes, I don't know what I would have done, issues where the truck breaks down or something needs fixing," commented Ewing.

A few of Bonnie Ewing's favorite memories were bringing all the boys. They were standing at the null, as she rode through the trees they rose their arms and yelled out, whip woman 3 times. They all turned in unison and rode off



Lucy and Kat Samuels her granddaughters received their 13 and 10 year award, which was an emotional and special moment during the time she received her award.

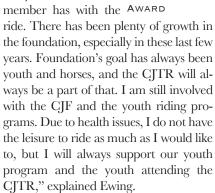
"The part I missed the most is riding with the kids. The boys were my favorite, they used to surround my horse,

tag me and play games with me. We entered Wyoming and received the proto-type of the Nez Perce scout statue. In an interview I was asked, what I would like to see on the CJTR, and I said to see a Nez Perce Scout on the CJTR, it came to fruition through my grand-

daughter, Lucy," said Ewing.

Meeting new people, making friendships over the years and seeing them every year has been a great experience for Bonnie Ewing. The bridle is past down to Lucy Samuels who has trained for 14 years, now recruits the 13-18 years old youth, which have to know how to ride, saddle and bridle their own horses.

"Watching Lucy grow over the years has made me proud, too. I think it will continue to grow under Lucy's leadership, whenever I decide to retire. It will keep going I know that. One thing I have taught her is the unique connection every Nez Perce tribal Bonnie Ewing 26 CJTR Buckle



One of Ewing's most memorable rides is riding with both George Hatley

Wildfire Smoke

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Protect yourself.

Idaho Smoke Info Blog

idsmoke.blogspot.com

and Bob Browning. It was a great deal to her because both are such great supporters of the foundation and they meant so

much to her. They were two of the biggest influencers for continuing the ride all these years.

"My two horses are Jack and Chief. Jack would follow me anywhere whenever I got off. He was independent. I would loan my horse Jack out to the kids if one of their horses couldn't ride that day. One



CHIEF JOSEPH FOUNDATION 26 YEAR AWARD CEREMONY FOR BONNIE EWING IN 2017

time, I loaned him out to my grandson, Larry (Sonny) Greene, and people teased him about riding a Cadillac while they had to ride a ford," said Ewing.

Over the years, Bonnie Ewing brought 40 youth. She brought her three grandkids, Larry (Sonny) Greene, Lucy and Kat Samuels. The funniest memory recalls was riding with Lucy when she was a Jr. Scout and Ewing turned around,

> and she had her scout vest around her head. "Granny" told her she couldn't wear her vest like that, and she said "but 'Eele, I'm hot," laughed Ewing.

> Over the years, Ewing could not have done all that they do without the help and support of her good friend, Donna Henry

(Board member). Her granddaughters would always tease them because they somehow would get lost on the way to the ride when the segments were in Montana. They would always be a couple of hours late. Doug Marsh and Marsh's trading Post has always been supportive by donating items for the silent auction and raffle for the ride. Her sons, Mick and Mike Ewing always jumped in and helped when needed. Both went on the ride as wranglers for Ewing.

"I still go on the ride for the youth, friendships support from the ride, watching them and listening to them. All are so full of light. The hardest part of the ride is getting ready, the horses/tack, youth, trailer/truck, silent auction and raffle items. These past two years, it has been my late husband, Bill. He was always willing to help do or fix anything before the trip. From the funds raised on the trail ride, because it helps support our youth riding programs," concluded Bonnie Ew-

Youth Cultural Enrichment Academy Builds on Respect



YOUTH LEARN ABOUT CULTURE AND RESPECT FROM ELDERS AND STAFF

The Youth Cultural Enrichment Academy was a success during its 10th anniversary year! The program lasted for the duration of four weeks catering to 16 Nez Perce youth in Lapwai, Idaho. The program is geared toward high school youth who will benefit in participating in learning traditional values such as Nez Perce language, history, hunting, fishing, gathering, crafts, and more. This year's activities kept the youth engaged with the help of many.

In preparation for the academy, Angela Picard had a team of mentors including, James McCormack, Hodge Allen Slickpoo, Jr., Cassandra Kipp, Augustina Oatman, Elsie Cree, Bobby Parrish, Bessie Scott, Brooklyn Baptiste, and Andre Picard, Jr. Each of which contributed to teaching the youth.

The program began in late June and ended by mid July. Within the four weeks, the youth got the chance to visit Nespelum where they left a lasting impression on the Colville Business Council through the use of their Nez Perce language along with the vast amount of respect shown. In following, they were honored to visit the gravesites of Chief Joseph and Yellow Wolf during their trip. Destinations such as Coulee Dam,

Nespelum Hatchery, Kooskia Hatchery, and Washington State University Campus were also visited.

The Youth Cultural Enrichment Academy concluded with final presentations from the participants for their



A LESSON IN ROOT DIGGING

community. Their presentations consisted of individual speeches in Nez Perce, song, dance, and a traditional dinner prepared by the group and their

YCEA would like to give a special thank you to their sponsors and elders for their contribution as well as the students for all of their hard work!

Internal Review Finds Portland State University Researchers Broke Federal Law



THE UNIVERSITY NOW CONCEDES THE PROJECT DID NOT HAVE PROPER AUTHORIZATION TO USE THE DATA FROM PUBLIC SCHOOL CLASSROOMS. EZRA WHITMAN RAISED COMPLAINTS ABOUT A PSU GRAD-SCHOOL PROJECT, AND HE SAYS HIS PROFESSOR THREATENED TO FLUNK HIM. (PHOTO BY CJ MONTSERRAT)

BY KATIE SHEPHERD

An internal review at Portland State University has found that a research project that gathered data from public K-12 school computers violated federal law.

As first reported by WW this winter, professors at the Graduate School of Education improperly asked student teachers in public school classrooms across Portland to collect and analyze demographic information and test scores ("Invasion of Privacy," WW, March 7, 2018).

The university now concedes the project did not have proper authorization to use the data, and probably violated the Family Education Rights and Privacy Act, a federal law that protects student data.

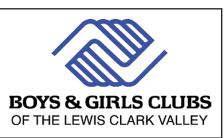
"We're taking this very, very seriously," says Marvin Lynn, dean of the education school. "Safeguarding data is very important. We'll have ongoing training to ensure these errors don't happen again."

A university spokesman says the 10 school districts affected by the research project have been notified of the violation.









KIDs Speak OUT...

Douglas, age 8 said, "I like how this is a place where I can hang out with other kids and we get to have fun. It's nice to have somewhere to go while some of our parents are at work. I like how club staff lets me do fun activities in every area that I am in. There is a

lot of fun things to do while I'm at the club. My favorite area is the gym because it's somewhere where kids can get exercise but it's actually fun! Not like some gym classes where we just run"

Vinny, age 10 said, "I like the games room, it is my favorite. I like to play with my friends. We play mancala, foosball, and a lot of other games. I also like the gym because we get to be active. I really like jailbreak dodge ball, and Dr. Warball. It is really fun when we play dodge ball with the staff and teens. It's nice that everyone gets to play. Summer is really fun and getting to see all the new staff, I'm just sad that they have to go back to school, but maybe I'll see them again next summer."

CALENDAR

August 6th Creative Cooking (10am-12pm) August 8th Teen Silverwood Trip August 13th Creative Cooking (10am-12pm) August 17th End of Summer Bash August 20th-24th Shut Down Week August 28th First Day School Year! Recycling with John August 31st

Youth of the Month for the Different Program Areas are:

Your CLUB

Madden Bisbee Service Aaralen Moses Leadership Gamesroom Aiden Cain Athlete Rashawn Henry **Education/Computers** Keenan Henry Joshua Arthur Arts & Crafts Phase II Keasha Henry

Lapwai Clubhouse Programming

The Boys & Girls Clubs of the Lewis Clark Valley (Lapwai Unit) is beginning implementation of a Cooking Matters for Kids class for youth ages 8-11. The program will consist of six classes that will take place every Monday & Tuesday beginning Monday, <u>Iuly 30</u>, and ending <u>Tuesday</u>, <u>August</u> 14, 2018.

Topics Include:

- Cooking techniques, food safety, storage, and sanitation
- Preparing nutritious and delicious food on a budget
- Nutrition information to keep your family healthy
- Budgeting tips to stretch your food dollars and maximize your budget

Each Class Participants Receive:

Hand-on culinary instruction from a chef and a shared meal with the class

Recipe book, graduation certificate, and gift bag upon completion of the course

Cooking Matters for Kids is in collaboration with the Boys & Girls Clubs of the Lewis Clark Valley (Lapwai Unit), The Idaho Foodbank & NimiiPuu Health's (Behavioral & Community Health Department).

For more information please contact: Lapwai Clubhouse (208) 843-9371 and speak with

Josilin Peters (Program Director) jpeters@poweroftheclub.org or

Isaac Sisto (Unit Director) isisto@poweroftheclub.org





Program Staff & Area Highlight

Hello, my name is Devante. I am a Youth Development Professional for the Lapwai Clubhouse and work in the



Arts & Crafts area of the Club. The Arts & Crafts is a designated space for Club members to learn and participate in different genres of art and craft making. As a Club staff, I provide a fun, kid friendly environment for creativity with daily scheduled activities.

Some current or popular activities that Club members like to participate in the Arts & Crafts are; water beads called "Orbies", making Play-doh & flubber, sidewalk chalk, coloring, painting and finger painting. Programs that are being implemented in the Arts & Crafts are Project Learn and Creative Cooking. For Project Learn I meet with Club members on a weekly basis and give them an opportunity to talk about things going on in their everyday life & having them participate in high yield learning activities. Cre-

ative Cooking class will begin in August and will evolve around teaching Club members healthy habits through nutritious food recipes. Other upcoming programming will include the Fine Arts program where Club members learn about different genres of art and display their own artwork in the Clubhouse, as well as, compete in local, regional & national Boys & Girls

Club art competitions.

The Arts & Crafts is a great area for our Club members to be open-minded, express themselves through art, and craft making. I enjoy getting to know our Club members by working one-on-one and teaching them new artistic skills. I highly encourage and welcome youth to come and explore their creativity with me in the Arts & Crafts. The Arts & Crafts is open Monday-Friday from 8:30am-5:30pm. If you would like to sign your child up for Project Learn, Creative Cooking Class or the Fine Arts program please contact the Lapwai Clubhouse Program Director Josilin Peters at (208) 843-9371.

Lapwai Clubhouse Hours

BOYS & GIRLS CLUBS OF THE LEWIS CLARK VALLEY (LAPWAI UNIT) WILL BE FINISHING UP IMPLEMENTATION OF SUMMER PROGRAMS & **ACTIVITIES FOR YOUTH.**

ALL YOUTH AGES 5-18 ARE ELIGIBLE TO PARTICIPATE & REGISTER AS BOYS & GIRLS CLUB MEMBERS.

(*ALL 5 YEAR OLDS MUST GOING INTO KINDERGARTEN)

WHAT:

BOYS & GIRLS CLUB PROGRAMS/ACTIVITIES & AREAS INCLUDE: -GAMESROOM SWIMMING

-ARTS & CRAFTS -EDUCATION CENTER -GYM

-TEEN CENTER

-MOVIES -MINI TOURS AND MORE

Program Director: Josilin Peter:

Contact Info.

Phone: (208) 843-9371 Fax: (208) 843-9370

WHERE:

AUGUST, 1ST-16TH 2018

MONDAY -FRIDAY

(7:30AM-5:30PM)



On behalf of the Lapwai School District students, staff and Board of Trustees, we would like to thank the Nez Perce Tribe for their tremendous generosity with Local Education Funds again this year. Our partnership is a critical component to our success. The \$45,320 in contributions will provide essential services for Lapwai students including:

Lapwai Middle-High School

Art Club: \$5,000 Work Experience: Mentor Artists' Playwrights Project: \$5,000 Native Arts: \$5,000 Cheerleading Program: \$2,820 **College and Career Readiness:**

Lapwai School District Counseling Program: **Community Resource Specialist** and Truancy Interventionist:

The impact these funds will make on student success is immeasurable. I would also like to thank the Nez Perce Tribe for their continued advocacy with Idaho's Congressional delegation to increase urgency regarding Federal Impact Aid funding. As the Idaho State Chair of the National Association of Federally Impacted Schools, I celebrate these efforts on behalf of all the federally connected students across the state. With both the House and Senate presenting bills reflecting increases for Impact Aid, we are better positioned for an increase in both Basic Support and Federal Properties. The outlook is promising as we continue to hold the federal government accountable for the funding promised to Lapwai students. Together, we ensure all students will reach their full potential.









Nimiipuu health is proud to introduce Dr. Andrew Jones to the Kamiah Clinic and Dr. Dustin Worth to the Lapwai Clinic

fishing and teaching these skills to his

to us from Moscow Idaho where he

has been practicing Family Medicine

for the past 10 years. He enjoys car-

ing for patients of all ages, and loves

treating the entire family. As an osteo-

pathic physician, we are thrilled with

the musculoskeletal treatments he is

able to offer patients, in addition to all

other aspects of Family Medicine. He

enjoys outdoor activities with his family

of four children, two of which are still

at home. He will soon be a grandfa-

ther, as his oldest daughter is expected

pleased to have Dr. Jones & Dr. Worth

on board, both Doctors have been well

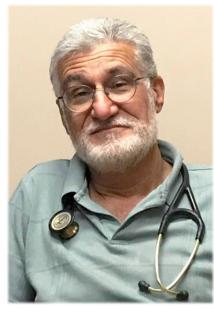
We at Nimiipuu Health are

to deliver in July.

out at Nimiipuu Health.

Dr. Jones is honored to be helping

Dr. Dustin Worth, D.O. comes



Dr. Andrew Jones, DO is a board certified family physician who comes to us with over 32 years of knowledge and experience. He received his undergraduate degree in Biology from Alma College; he attended and graduated from Kirksville College of Osteopathic Medicine. He served 3 years of active duty in the Air Force as a Physician, with the rank of Major.

Dr. Jones and his wonderful wife Barb have been married 39 years. They have three children- 2 of whom are Registered Nurses and 1 is a Business Major. He is also a proud grandfather of 6 beautiful grandchildren.

When he is not in the clinic, he enjoys being outdoors bow hunting,

NEZ PERCE
WAR MEMORIAL
BEAR PAW
OCTOBER 5, 2018





Healing to Wellness Program Sees Promise

Lapwai, ID. – Horace Percy Axtell, 25 completes the Healing to Wellness Court Program within ten months. Before Axtell started the program, he realized he was depressed, due to a

car accident, which altered the use of his left hand. Not knowing if he would be on disability this single parent struggled to find his footing, with no job and a lack of confidence, he turned to alcohol to deaden his pain.

Axtell found himself in a bit of trouble with the law due to his heavy use of alcohol and wrong choices. He ended up in the Nez Perce Tribal Court program,

which he contributes his newfound confidence.

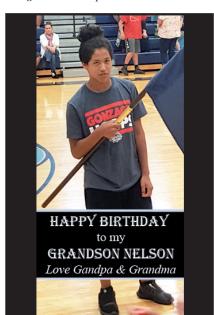
"The program changed my confidence throughout. When I started it was like, I didn't believe in myself. I didn't think I was going to have a job or do the single parent thing and to do what the program asked of me...all at the same time. I was kind of stressed out about it. But I made it happen and I did it! I think there support really helped me out a lot, because they made sure I would get to my meetings or my doctor's appointments," said Horace Percy Axtell.

Behavioral Health was another part of the HWP. Axtell took four classes in Moral Recognition Therapy (MRT) and Dialectical Behavioral Therapy (DBT). Lucy Peterson works through drug and alcohol therapies to show how harmful use can be.

"Each case is different, after the comprehensive diagnostic assessment for those who choose to join the program (consists of four phases) will attend specific programs to fit their need. A screening for anxiety, depression, drug addiction or other issues like grief or trauma are some of the relapse issues. Once they are clean and sober or show signs of the diagnosis, they are able to receive antidepressants if needed," said Lucy Peterson.

Phase 1 is intense. The court assigns what is needed to be done during that time, based off the evaluation from Behavioral Health. The client needs to contact probation five days a week.

"We have their time occupied by drug and alcohol, groups or seven Alcohol Anonymous meetings, which last an hour for seven days," said Judge Cynthia Jordan of Lapwai Tribal Court.



Phase 2 eases up a bit, it lasts a minimum of eight weeks. The client still goes to court, has random UA tests, drug and alcohol treatment and are in contact with probation three times a

week.

"If they haven't finished they go into relapse prevention or aftercare. We ask that they start working on jobs skills or education. They have to have some kind of plan for the future," said Judge Jordan.

Phase 3 lessens court to two times a week and with probation down to twice a week. By this time, clients are still doing aftercare or relapse prevention at Behavioral Health. If

the clients find themselves having a hard time, they can call the drug court team to give them moral support.

"It's like weaning them out of the program. Tribal Council has created jobs through the work programs, like the casino, which is helpful. I feel giving back to the community through community service is a better way to teach someone, then putting them in jail. Horace made it through all four phases within a year with no relapse, which is pretty impressive. Horace has a job and is thriving, I think he found his nitch, I'm so proud of him. He only had one sanction of community service, because he forgot his AA card.

Phase 4 court is once a month, probation is once a week and they have to continue one cultural activity a month. A personal fitness plan and school to work is encourage again, to have a plan for the future.

"Once they complete the course like Horace, they graduate. It's a really happy day for all of us, we are all so very proud of him, because it is not an easy program. The first two phases are intense and the last two aren't so bad, we want to make sure by then they have to tools to succeed," said Judge Jordan.

Throughout each phase, the program wants the client to participate in one cultural thing once a week to ground them to family, spirituality or reconnecting. If they do mess up the court has jail time or community service available. The court witnessed a few client near completion and would give up or self-sabotage, as if they were afraid of success.

"I didn't check in once, because we went root digging on a Monday holiday and for that I did two hours community service at the Halloween Party, running a booth with my son. I found acceptance and this is what life has given me," explained Horace Axtell, "I found that I was happier and it reflected on to my four-year-old son Colton. His speech was behind, but he has caught up real quick. I think the best part of it all was seeing the change in my son as I began to change."

Horace Percy Axtell has decided to attend Lewis Clark State College for Early Childhood Development Program. The Healing to Wellness Program minimum completion is nine months up to two years. Help is out there, you do not have to fail to ask about the programs. They are there to help you succeed.









Randy Louis Avart, 69, Vancouver, WA.

Randy Louis Avart, a Nez Perce Tribal member, born on February 27,

1949, passed away peacefully at his home in Vancouver, Washington on July 2, 2018. Randy grew up in the Portland, Oregon area, living with his mother, Marie (Edwards) Avart, along



the Willamette River after his mother and father Charles Avart, Sr. divorced.

Randy graduated from Reynolds High School in Troutdale, Oregon in 1967. He attended college at Portland State University and received his bachelor's degrees in art and physics.

Randy found and resumed his relationship with his father, after having been absent from each other's lives for more than 30 years. He went back east to meet and visit his father and some of his family on his father's side. His father later moved to the Portland, Oregon area to be closer to Randy and they continued to see each other regularly until his father passed away.

Randy worked for the United States Department of Agriculture, Forest Service, as a Contract Officer and later for the EEOC. He retired as a federal employee when he was 55 years old. This provided him with opportunities to travel to visit relatives, friends and to dance at pow-wows. He especially enjoyed traveling to Kamiah, Idaho where he would attend services at the Second Presbyterian Church. It was at this church that Randy would pick up a hymn book and pour his heart into the songs. And, in keeping with his jovial spirit, he would dress up as Santa Claus at 1st, 2nd and Northfork Presbyterian Churches during Christmas events. He would often stay with his cousin Jerry Walker, who would fix him huckleberry treats and fry bread, with plenty for Randy to eat on the way home.

Randy was a creature of habit and enjoyed lunches and dinners at his favorite restaurants in the Portland area, including the Old Spaghetti Factory, which he nicknamed "the OSP". He would look forward to meals there with his close cousins Ion and Shelley Matthews, nieces Timine and Meriah, and with other family and friends from the Native American Youth and Family (NAYA) Center, in Portland, or native community family. He would also routinely take out of town visitors to the OSP or to the El Sombrero, his favorite Mexican restaurant. He loved birthdays, especially when it came time to the singing of "happy birthday", regardless of whether it was his or your birthday. Randy considered having

PROGRAM

SENIOR SOCIAL

restaurant staff help with the singing and wearing the big sombrero hat as

Randy was a talented artist. He enjoyed painting and painted an incredible replica of Vincent Van Gogh's Starry Night. He was proud of his Nez Perce heritage and enjoyed dancing traditional style in his regalia. He travelled to area pow-wows to dance with the Lookingglass Pow-wow and Tamkaliks Celebration being favorites. He was a member of the Bow and Arrow Club since his youth and danced with fellow NAYA supporters for many years at the Delta Park Pow-wow, during the annual Portland Rose Festival. Randy was honored at the Delta Park Pow-wow two years ago, for his years of continued support. His dedication to helping native youth was especially reflected in his volunteer work to teach math at NAYA to help youth graduate with a high school diploma.

Randy also helped coordinate the Tai Chi classes at the NAYA and would regularly attend their functions.

He was appointed to serve on the Portland Youth and Elders Council for the Office of Neighborhood Involvement for the City of Portland and he served on this board for several terms.

Randy will be greatly missed. He was a loyal and generous person. He loved and lived life on his own terms. He loved to let out a war whoop when he felt the need. He had a good-natured spirit and also loved nothing more than a good belly laugh. He loved anything made with huckleberries. And, he loved Tuffy and Tiny, his cats.

Randy was preceded in death by his older brother, Charles Avart, Jr., his mother, Marie (Edwards) Avart, his father, Charles Avart, Sr., his maternal grandparents Louis and Lillie (Moffett) Edwards, numerous aunts and uncles, cousins, extended family and friends. He is survived by brothers/sisters (first cousins), including, Jonathan (Shelley) Matthews, Juliana Repp, Julian (Elouise Montes de Oca) Matthews, Louis (Diana) Scott, Vernon Scott, Jerry Walker, Mary Jane Souther, Connie (Steve) Evans, Shirley Walker, Christine Walker, and numerous other family members and extended family, including his NAYA family, and friends.

Services will be held at the Second Indian Presbyterian Church in Kamiah, Idaho on Saturday, July 14, 2018 at 10:00 a.m., with the Rev. Mary Jane Miles officiating. A memorial service is also planned for a later date at NAYA in Portland, OR. In lieu of flowers, the family suggests contributions be made in Randy Avart's name to the Native American Youth and Family Center, 5135 NE Columbia Blvd., Portland, OR 97218.

Join or Renew Your Membership

NEZ PERCETRIBE SENIOR CITIZEN CONGREGATE MEAL

WEDNESDAYS – TEWEEPUU COMMUNITY CENTER

PLEASE UPDATE YOUR CONGREGATE MEAL SITE FORM FOR 2018 © AVAILABLE AT ALL THREE LOCATIONS. FOR QUESTIONS CONTACT MARY TALLBULL OR GEORGANNE MORRISON AT 208-843-7311 OR 208-935-3411

10 A.M.TO 2 P.M. - OROFINO, IDAHO

IST & 3RD WEDNESDAY - CULTURAL/CRAFT 2^{ND &} 4TH WEDNESDAY – EDUCATIONAL

2018 TAMKALIKS winners

Women's Traditional Golden Age

Carla Timentwa, Nespelem Lynn Pinkham, Lapwai Kate Blackwolf Bevis, Pendleton



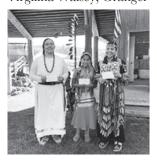
Girl's Traditional, 7-12 years old

Layloni Crane, Mission Leona Smith, Lapwai Tamisa Sherwood, Yakima



Traditional Women's **Teens 13-17**

Justine Chasing Horse, Lapwai Dominique Ellenwood, Spokane Virgilina Walsey, Granger



Traditional Womens Adults

Elizabeth Sam, Owyhee Katie Harris, Pendleton Anna Harris, Pendleton



Jingle Dance - All Ages

Dominique Ellenwood, Spokane Teata Ellenwood, Spokane Natasha Smith, Lapwai



Fancy Shawl - All Ages

Mary Harris, Pendleton Abi Kordatzky, Pendleton



Wetalu Henry, Lewiston



Lucas Thomas, Owyhee Rod Begay, Satus Tony Smith, Lapwai

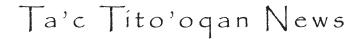




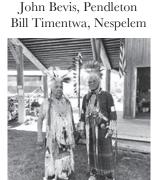












Men's Traditional Golden Age

Gary Sam, Owyhee

Men's Traditional Adults

Eric Broncheau, Portland Lewis Halfmoon, Mission Francis Dionne, Boise



Men's Traditional Teen 13-17

Tixapo Campbell, Culdesac Alex Williams, Athena Aiden Wolf, Cayuse



Men's Traditional Boys 7-12

Lewis Allen, Lapwai Weptas Brokie, Pendleton Emeny Kordatzkey, Pendleton



Grass Dance - All Ages

Robert Tewawina, Lapwai Wilber Oatman, Pendleton Francis Dionne, Boise



Fast & Fancy - All Ages







Free Estate Planning and Will Drafting Service for Nez Perce Members

The University of Idaho Native Law Program will be assisting the Nez Perce Tribe with Estate Planning services starting June 4, 2018. Tribal members can draft a new will OR change an existing will that will comply with Tribal, State, and Federal law. Jessica Boone, an intern with the University of Idaho Native Law Program, working under the direction of Attorney David Risley, will be able to meet with Nez Perce tribal members up until August 10, 2018.

You need a will if:

- You are over 18
- You have, or may acquire, trust land, non-trust land, or personal property
- You have children or step-children under 18
- You want to leave property to someone who is not in your immediate, blood family
- You want to leave income from an interest to a non-Indian spouse.
- · You want to stop further fractionation of your land

If you die without a will, the American Indian Probate Reform Act (AIPRA) will determine who will receive your trust land, but with a will you have many more options! If you are interested in learning more or having your will written, please contact Jessica Boone.

In addition to creating wills, tribal members can also create a Durable Power of Attorney for both financial and health care needs, a Health Care Directive ("Living Will"), and/or a Disposition of Remains.

All services are free to any Nez Perce Member, regardless of ownership of trust land.

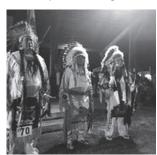
JESSICA BOONE e-mail: willsintern@nezperce.org





War Bonnet Special

Steve Axtell, Lapwai Wayne Smartlowit, Toppenish Tony Smith, Lapwai



Hand Drum Special

Justine Chasing Horse, Lapwai Francis Dionne, Boise





Nez Perce Tribe Vocational Rehabilitation Services



JAMES WALKER (NPVRS COUNSELOR) AND SONIA VAN WOERKOM (NPVRS SPECIALIST) REPRESENTING THE NEZ PERCE VOCATIONAL REHABILITATION SERVICES AT THE MID-YEAR CANAR CONFERENCE AT THE MYSTIC LAKE

The Nez Perce Tribe Vocational Rehabilitation Services (NPVRS) has been busy the past few months. We would like to apologize for not being able to provide quality and time effective services to our participants and community. Our program has been short staffed the last several months.

James Walker has joined the Voc Rehab team in January and recently received his Master of Arts degree in Inter-disciplinary.

In June, the staff welcomed Mazie Daniels. She is a temporary hire working as the Office Specialist II. Staff have been steadily busy compiling the policies and procedures of the program as well as revising forms to be utilized to provide quality and efficient services to participants. The summer is flying by and we are preparing for the new

Staff have also been attending important Tribal Vocational Rehabilitation conferences throughout the region and cannot wait to implement the knowledge gained through our learning experience.

Community Awareness Meetings scheduled: August 13, 2018

Wa-A'Yas Community Center in Kamiah from 5:30 p.m. to 7:30 p.m.;

August 27, 2018

Pi-Nee-Waus Community Center in Lapwai from 5:30 p.m. to 7:30 p.m.

September 10, 2018

Teweepuu Community Center in Orofino from 5:30 p.m. to 7:30 p.m.

Please keep an eye out for the event flier postings. The NPVRS program encourages all federally recognized Native Americans with a severe mental or physical disability to apply for NPVRS services. For more information, and how to apply for NPVRS services, please feel free to contact our office at 208-843-9395.

Protect Yourself from Wildfire Smoke

- · Stay indoors as much as possible. Keep doors and windows closed.
- Use the air conditioner's "recycle mode" in your home and car. Keep • Infants & Children filters clean.
- Avoid exercise or heavy work outdoors.
- Wear a properly fitted N95 mask if you must be outside.
- Cancel outdoor events and sports activities.
- · Call 911 or your doctor if you have breathing or chest discomfort.
- Be Ready before the smoke, visit www.wildfiresmoke.dhw.idaho.gov

- Sensitive Groups:
- Pregnant Women
- Elderly

People with

chronic diseases:

- Asthma
- COPD
- Emphysema
- Bronchitis
- **Heart Disease**
 - Diabetes

IDAHO SMOKE INFORMATION BLOG: idsmoke.blogspot.com

SMOKE COMPLAINT HOTLINE: 1-800-345-1007













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'04 CHEVY 1500 #17384L, V8, Auto, CrewCab, LS, 4x4 WAS \$10,999







*12 CHEVY IMPALLA

Miles, 4 Door, LT WAS \$13,999

'06 FORD F-150 #17488L Supercrew, V8. Auto.

Loaded, XLT, 4x4 WAS \$9,999



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